



American
College
of Allergy, Asthma
& Immunology

allergist

Allergy
& Asthma
NETWORK



Your child has asthma and needs to breathe easier.

You've just discussed treatment options with your allergist.

Do you know which type, or combination of treatments might work best? If your child is already on inhaled steroids, should you try a higher dose, or consider adding another treatment?

There's a tool available to help continue your discussion with your allergist. Go to kidsasthmarelief.acaai.org to use our shared decision-making tool to guide you on your child's path to relief.

The web-based tool will:

- Provide information, including advantages, disadvantages and range of costs of available treatments.

- Help you identify which type of treatment best fits your lifestyle and beliefs.
- Lead you through answering a few questions.
- Guide you in continuing the discussion with your allergist about the best possible treatment for your child.

Once you've answered the questions, print your responses and bring them to your child's next appointment. You and your allergist can use the results to determine your best options.

Allergists are specially trained to help you take control of your child's asthma, so they can live their best life.

Get started on the path to relief at kidsasthmarelief.acaai.org.

Board-certified allergists are specialists in diagnosing and treating allergies and asthma.

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